





Other Services

-  **Couples & Individual Coaching**
-  **Two Day Couples Seminars**
-  **General Conferences**
-  **Webinars**

Plus:

Free On-Site Introduction Sessions:

We offer a 20-30 min. parent introduction for FREE at school sites. For a full detail packet with workshop information and cost **just email us at:**

info@disciplinapositiva.org



Implemented and Approved by
School Districts and
Organizations



Principal Testimonials



Disciplina Positiva
POSITIVE DISCIPLINE

"Each session, there was a knowledgeable and caring presenter who truly cared about our families. Our parents felt empowered with skills which helped them create a positive family unit and they have become more confident in providing positive discipline with their children/teens."

Greg Smet
Franklin Elementary School - Anaheim City School District

"Disciplina Positiva is simply one of the best training programs Loara High School has been able to offer parents. The impact the training has had upon our families has been profound, and there is no question that our students and campus have benefitted tremendously. That said, I can assure you that providing Disciplina Positiva training will continue to be a priority at Loara."

John Briquetelet
Loara High School - Anaheim Union High School District

"Terra Cotta Middle school has had the amazing opportunity to offer Disciplina Positiva workshops for several years at our site. As I watched the parents participate in each session, I could see their emotion and how much this program was having an impact on their lives in a positive manner. We have found that this program has been a huge success with large graduating classes."

Sarah Arredondo
Terra Cotta Middle School - Lake Elsinore Unified School District

"Disciplina Positiva is truly transformational. Our students, our parents and our staff have begun to look at behaviors in a much more healthy light. In my 20 years of experience within the public school system I have not seen such dramatic growth in my parents in a short time. We look forward to our ongoing relationship with you and Disciplina Positiva!"

Darrick Garcia
Brookhurst Jr. High School - Anaheim Union High School



Highly Empowering and Effective
Parenting Workshops

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www.facebook.com/disciplinapositiva.org

Preschool
Elementary
Middle, Jr High & High School

OUR MISSION:

Disciplina Positiva empowers and promotes the development of social, emotional, and life skills with outcomes of responsible and motivated children/teens with positive long term results in families, schools, and communities.

WHO WE ARE:

Disciplina Positiva is a parenting organization founded in 2010 by Tony and Lisseth Orozco. Tony holds a BS in Human Services with an emphasis in Counseling and a Life Coach Certification. Lisseth holds a BS in Child and Adolescent Studies and a Multiple Subject B-CLAD Teaching Credential. They are both Certified Positive Discipline Trainers and members of Positive Discipline Association.

Disciplina Positiva workshops are offered by professional Certified Positive Discipline Educators who empower parents with effective and positive tools through experiential activities.



POSITIVE DISCIPLINE Workshop Objectives

PRESCHOOL LEVEL

"Stage of Control and Power - Success in this Phase Leads to a Sense of Purpose"

- Week 1** **How Do I Deal With a Preschooler?**
The Positive Approach
- Week 2** **Why is He/She Acting Like That?**
Decoding The Belief Behind The Behavior
- Week 3** **I Don't Know What To Do?**
Focusing On Solutions
- Week 4** **I Finally Got It!**
Family Meetings & Connection Before Correction

www.disciplinapositiva.com

ELEMENTARY SCHOOL

Phase I:

"Capable Children Raised Through Love, Dignity, and Respect"

- Week 1** **The Positive Approach**
What is Positive Discipline?
- Week 2** **Stop Attacking the Misbehavior and Fulfill the Inner Needs**
- Week 3** **Empower vs. Enabling**
Mistakes are Wonderful Opportunities to Learn
- Week 4** **Family Meetings**
Leaders are Born at Home and Tested at School
- Week 5** **Routines**
The Key to Establish Good Habits
- Week 6** **Uniting all the Techniques and Tools of Positive Discipline in Action**

Phase II:

"Children, Chores, and Responsibilities"

- Week 1** **Stop Labeling Me and Love Me for Who I Am**
- Week 2** **Help Me Break Bad Habits That Limits My Success**
- Week 3** **Fulfill My Inner Needs & I'll Be Happy to Cooperate**
- Week 4** **If You Love Me; Don't Do It for Me, Teach Me How**
- Week 5** **What Children Need to Know About Themselves and Finances**
- Week 6** **Showing Evidence of Success in Responsibilities**

Phase III:

"Children: Challenges and Success in their Lives"

- Week 1** **How to Approach the "Sex Talk" With My Child?**
- Week 2** **Things You Need To Know About Technology**
Sexting, Cyber Bullying, Safety, Etc.
- Week 3** **My Past and Present Can Be Projected in My Child's Future**
Am I Comfortable with That?
- Week 4** **Decoding My Inner Child to Better My Parenthood Experience**
- Week 5** **A Full Love Tank Is A Happy Tank!**
- Week 6** **Steps To Follow to Guide a Child's Life to Grow up as a Professional**

Office: (714) 284-0884

MIDDLE, JR HIGH & HIGH SCHOOL

Phase I:

"Teen Stage of Rebellion and Transformation"

- Week 1** **Who is My Teen, And How Do I Help Nurture His/Her Maximum Potential?**
- Week 2** **Behind My Behavior There Is a Message, DECODE IT & I'LL COOPERATE**
- Week 3** **You Want Better Grades?**
Motivate Me More and Judge Me Less
- Week 4** **I Am a Teen and I Just Want To Belong**
- Week 5** **Include Me in Such a Way That I Feel Useful and Indispensable**
- Week 6** **Showing Evidence of Success in My Family**

Phase II:

"Independent Teens Through Chores and Responsibilities"

- Week 1** **Know Who You are as a Parent & What Do Wish Your Teen to Be as an Adult?**
- Week 2** **Help Me Break Bad Habits That Limits My Success**
- Week 3** **Power Struggle**
Winning Your Teen Over vs. Winning Over Your Teen
- Week 4** **If You Love Me; Don't Do It for Me, Teach Me How**
- Week 5** **What Do Teens Need to Know About Themselves and Finances?**
- Week 6** **Showing Evidence of Success in Responsibilities**

Phase III:

"Teen Stage of Challenges and Success"

- Week 1** **How Do I Approach The "Sex Talk" with My Teen?**
- Week 2** **Things You Need to Know about Technology**
Sexting, Cyber Bullying, Safety, Etc.
- Week 3** **My Past and Present Can Be Projected in My Teen's Future**
Am I Comfortable with That?
- Week 4** **Decoding My Inner Teen to Better My Parenthood Experience**
- Week 5** **A Full Love Tank Is a Happy Tank**
- Week 6** **Steps To Follow to Guide a Teen's Life to Grow-Up as a Professional**

Mobile: (714) 345-7029